

Submission guidelines for the Elly Jansen Award

Definition of research proposals

For any queries, support or help, please reach out to the Award Committee.

A research proposal explains how you plan to do a research project. Research is about finding the answer to a question, often about how something affects a particular situation.

You can see examples of good research proposals [here](#).

Since writing a full research proposal takes a lot of time, we first ask you to send a short summary called an abstract. This should explain what question you want to answer, and how you plan to do it.

The guidelines for submitting a full proposal will show you what to include. It can be helpful to review these when thinking about your research ideas and writing your abstract.

How to submit a research proposal

- Submissions should be in English (help is available if needed – please contact the Award Committee).
- Research proposals should be submitted via email to ejaward@cht.org.uk
- But where this is difficult for author(s) the Committee will do their best to offer support. The Committee will also support author(s) who struggle to meet the criteria below for other reasons.

If you wish to make a submission but would like further advice around our guidelines, please contact the Committee by email ejaward@cht.org.uk

Research abstracts

- Deadline for abstracts: Sunday 16th February, Midnight (UK time).
- All abstracts should be no more than 500 words

Research proposals

- Research proposals must be original, and you need to declare that it is your own work and hasn't been published before.

- Research proposals should not be submitted elsewhere whilst the Award Committee are reviewing it.
- Research proposals must focus on the theory or practice of Therapeutic Communities (TCs), Psychologically Informed (Planned) Environments (PIEs, PIPEs) or Enabling Environments (EE).
- The winning research proposal will be expected to share their initial findings at the annual conference at the following year to the award being granted.
- Research proposals should be submitted in a clear font, such as Arial, point 11.
- Research proposals should be no longer than 5,000 words, excluding the contact page, diagrams and references.
 - Full name(s) of the author or authors, including email addresses, should be submitted on a separate page. If you use a 'justice.gov' email ID then please share an additional email address to prevent delays in communication.

The proposal should include:

1. **Purpose:** what the research aims to explore and why this would be useful/what it aims to demonstrate
2. **Design and Methodology:** how the research will be done, with whom, the proposed timeline, and what methods will be used. Include details about how data will be stored, privacy and who will be involved. over what timeline and with what methodology(ies); how any data will be used, stored, destroyed; anonymity; who the researchers will be; etc.
3. **Outcome:** what the research will add to the knowledge or practice of working therapeutically.
4. **Budget:** how much money is needed, what it will be used for, and when it will be needed by.
5. **Timeline:** key activities and deadlines, with an expected date for completion.
6. **Limitations:** any challenges or limits to the research. contribute to the theory and/or practice of therapeutic communities or relational practice drawn from, related to, or developed from the principles of therapeutic communities (e.g. PIEs, PIPEs, enabling environments etc)

The deadline for the submission of research proposals will be
midnight UK time on Sunday 15th June 2025.

The Award winner will be notified by Thursday 31st July 2025.

For any queries, support or help, please reach out to the Award Committee.

Awarding of the Awards

The Award Committee will choose the winners based on several factors, including:

- How original the work is.
- The potential impact it may have.
- The quality of research or ideas.
- The method used (for research proposals).
- Diversity and relevance.
- How useful it is.
- How easy it is to read and understand.

The Award Committee has 10 members from different countries (Italy, India, Japan, USA & UK). They are experienced in therapeutic communities and include therapists, academics, social workers and lived experience. The current Chair of the Committee is Dr. Peter Cockersell (CEO at CHT).

The Award Committee's decision will be final.

The Award Committee reserves the right to give awards to submissions that don't exactly meet the criteria, if they have other good qualities. They may also decide not to give any awards, or to give fewer awards than advertised, at their discretion. The Award Committee can make commendations as necessary, but these do not come with a monetary prize.

Winners Announcement

Winners will be notified by email on Thursday, July 31, 2025.

The Article winner will be invited to present their work at the conference, either in person or by video. This is anticipated to take place in November 2025.

The winners of the Research Proposal will be invited to share their initial findings at the following year's conference, either in person or by video. This is anticipated to take place in November 2026.

The Elly Jansen Award is an annual programme. The call for submissions for the 2025 Award will be announced at the TCTC Conference on 6th November 2024. Full details will be available online at www.cht.org.uk/eaward