

## Lived Experience Volunteer Description

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Lived Experience Volunteers or Experts by Experience are people who have been part of CHT communities and are able to use this experience, together with knowledge of their own recovery journey and their unique skills and strengths, to actively participate in co-production activities at CHT.

The role is a development opportunity in that Lived Experience Volunteers will be supported, through training and supervision, in their professional development.

The activities of the Lived Experience Volunteer are defined by both the opportunities and projects available within CHT at the time and the interests of the volunteer. These may include:

- Co-facilitating groups for residents of CHT communities
- Co-creating values for co-production and feeding back on best practice
- Co-creating guidelines of safe peer support practice within the communities
- Co-facilitating training for CHT staff and residents of CHT communities and externally
- Participating in the recruitment process by reviewing job descriptions and representing Experts by Experience on the interview panel
- Participating in working groups relevant to organisational learning and development
- Co-creating 'development portfolios' in collaboration with key workers for all our residents

For further information, please email our Lived Experience Co-ordinator at [victoria.h@cht.org.uk](mailto:victoria.h@cht.org.uk)